

## Nutrition Facts

Serving Size 1 teaspoon (3.5g)  
Serving Per Container 33

### Amount Per Serving

**Calories** 15

### % Daily Values\*

**Total Fat** 0g 0%

**Sodium** 0mg 0%

**Total Carb.** 3g 1%

Sugars less than 1g

**Protein** 0g

\*Percent Daily Values are based on  
a 2,000 calorie diet.

Ingredients: Organic Turmeric Root, Organic  
Ginger Root, Organic Coconut Sugar, Organic  
Cardamon, Organic Black Pepper, Organic  
Nutmeg Powder, Organic Ashwagandha Root,  
Organic Vanilla Bean.


## GOLDEN MILK

**Buddha Teas.**

Living Wellness Partners, LLC  
5130 Avenida Encinas  
Carlsbad, CA. 92008

Certified Organic by CCOF



 Please recycle



# GOLDEN MILK

A BLEND OF TURMERIC, AYURVEDIC HERBS & COCONUT SUGAR

NET WT 3.9 OZ (111 G)

## Bringing Ancient Roots to Modern Times

Buddha Teas Golden Milk powder incorporates the best of old India with current trends, offering this nurturing, nutrient-rich herbal blend to create the perfect cup of, *aah!* Fortify your vitality with this soothing, inspiring mix.

## Suggested Use

Heat 1 cup vegan or non-vegan milk (i.e. almond, hemp, cow, goat); whisk in 1 tsp. Golden Milk powder; pour into favorite mug; savor.  
Also delicious cold.

\*Enjoy as a warm breakfast beverage, a post workout fuel, a cold weather comfort, or before bed treat.

[www.BuddhaTeas.com](http://www.BuddhaTeas.com)

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