

## KETOGENIC PERFORMANCE FUEL

Medium Chain Triglycerides (MCTs) are fatty acids which can be rapidly absorbed and metabolized by the body for energy to fuel both muscle and brain function.†

C8 MCT delivers a minimum of 95% pure caprylic acid (C8) from MCTs which results in the highest production of ketone bodies – 400% more ketones than coconut oil and 21% more ketones than regular MCT.†

### HIGHER KETONE LEVELS FROM MCTS SUPPORTS

- ✓ More Energy†
- ✓ Improved Athletic Performance†
- ✓ Better Focus†
- ✓ Greater Fat Loss†
- ✓ Enhanced Cognitive Function†
- ✓ Reduced Appetite†

### HOW TO USE

- While fasted, add to coffee or tea in the AM to support fat loss and mental performance†
- Add to shakes, or your favorite drink, for a creamy easy-to-digest boost of energy†
- Use before exercise to support energy, focus and performance†



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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# C8MCT

OIL POWDER

## C8 MEDIUM CHAIN TRIGLYCERIDES



More Ketones than Regular MCT†



Helps Burn Fat and Boost Energy†



Supports Cognitive Function†



vegan



non-dairy



non-GMO

DIETARY SUPPLEMENT

HAZELNUT

Net Wt. 11.2oz (317g) 30 Servings

## Supplement Facts

Serving Size: 1 Scoop (11g)  
Servings Per Container: 30

	Amount Per Serving	DV*
Calories	80	
<b>Total Fat</b>	7 g	9%
Saturated Fat	7 g	35%
Trans Fat	0 g	**
<b>Sodium</b>	45 mg	2%
<b>Total Carbohydrate</b>	3 g	1%
Dietary Fiber	2 g	8%
Total Sugars	0 g	**
<b>Protein</b>	1 g	2%
Caprylic Acid (C8) Triglyceride Powder (with Pea Protein and Tapioca Fiber)	10 g	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\* % Daily Value (DV) not established.

**Other Ingredients:** Natural Flavors, Monk Fruit Extract.

Although this product may not contain one or all of the following, this product is manufactured in a facility that handles milk, soy, egg, tree nut, fish, and crustaceans/shellfish.



### DIRECTIONS

Mix one scoop of C8 MCT Oil Powder with 8 to 10 ounces of water or your favorite beverage.

STORE IN A COOL, DRY PLACE



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