

## OUR STORY

I started Iron Maltese Athletics in 2014 as a solution to an issue I saw in the fire service. I felt as though not everyone looked at the job as an athletic endeavor. Just as much as it is our duty to be proficient in the skills associated with being a firefighter it was also our duty to be the greatest athletes we could be. For some this was not a new concept, but for others this was a culture change. We needed to change our mindset to being occupational athletes. This carried over into other fields as well. Police, military, medic services, security, nursing, you name it... We were changing the game on "sport specific training" for people in a non traditional sport. From strength and conditioning programs, injury prevention, and wellness coaching we were spreading the word on making your health the priority to provide the best service possible to your profession, your family, and your life.

The Iron Maltese Athletics Premium Whey Protein Isolate was just another step in the process. We wanted to add a convenient option for occupational athletes to help improve recovery to increase athletic efficiency. I personally stand behind this product as I make it a staple myself. It was important to only offer the best option possible. Whether you are a firefighter, football player, or even a stay at home mom; make our Premium Whey Isolate your protein of choice to make your training that much better. Be fit for duty, be fit for life.

**BLAKE CHRISTENSON**  
Iron Maltese Athletics Owner

Directions: Mix 1 Serving (About 1 Scoop) in 8-12fl oz of water or other liquid. Shake or blend and enjoy!



## PREMIUM WHEY PROTEIN ISOLATE

CHOCOLATE  
WITH OTHER NATURAL FLAVORS

BY FIREFIGHTERS  
FOR ATHLETES

Net Wt. 3.29lbs (1.49Kg)

## Nutrition Facts

45 servings per container

Serving size **1 Scoop (33g)**

Amount Per Serving  
**Calories 120**

	% Daily Value*
<b>Total Fat</b> 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 6mg	2%
<b>Sodium</b> 180mg	8%
<b>Total Carbohydrate</b> 2g	1%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 27g	54%
Vitamin D 0mcg	0%
Calcium 170mg	15%
Iron 1.3mg	8%
Potassium 70mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whey Protein Isolate, Natural Flavors, Alkalinized Cocoa Powder, Guar Gum, Salt, Stevia Leaf Extract, Lecithin (Sunflower).

CONTAINS MILK. This product is manufactured in a facility that handles milk, soy, egg, peanut, nut, tree, fish, crustaceans/shellfish, and wheat products.

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